

December – 025-026

Disease Prevention Month & District Highlight Target Project Eye Screening and Cataract Surgical Program

Two-phase free eye screening camp and cataract surgery program was successfully conducted. A total of **131 elderly patients** suffering from cataracts that severely affected their mobility and daily life underwent successful surgery.

First Phase

The first phase of the program began on **27 November** and covered **Chitwan, Sarlahi, and Manahari of Makwanpur District**. During this phase, **720 people received free eye screening**, out of which **72 patients were identified with cataracts and underwent surgery**.

Second Phase

The second phase commenced on (**3rd–7th December 2025**) and was conducted under the initiative and coordination of the **Rotary Club of Hetauda**, with the joint collaboration of **15 Rotary Clubs of District 3292**:

The joint project titled “**Gift of Sight – Free Eye Screening & Cataract Surgery Camp**” was successfully conducted over **five days**.

In **five locations of the Indrasarowar area**, detailed eye examinations were conducted for **329 individuals**, during which **67 patients were diagnosed with cataracts**. Among them, **three patients had cataracts in both eyes**, severely affecting their mobility.

On **Mangsir 20**, a cataract surgery camp was organized at **Shree Panchakanya Secondary School, Khanikhet, Kulekhani–3**, where **59 patients underwent free cataract surgery**. Among them, **two patients received successful surgery in both eyes**. The surgeries were performed by a technical team led by **Ophthalmologist Dr. Sunil Thakali** from the **Community Eye Hospital, Hetauda**.

A Story of Restored Vision: Sanukanchha Syangtan

Among the beneficiaries was **82-year-old Sanukanchha Syangtan** of **Bhalukharka–2, Indrasarowar Rural Municipality**. Due to cataracts in both eyes, he had been unable to walk independently for the past **two years** and relied on his **15-year-old granddaughter** for daily movement.

Despite having three sons, none were present in the village, and due to financial hardship, he had not been able to undergo even basic eye examination. His only source of income was the **senior citizen allowance**.

With the initiative of the **Rotary Club of Hetauda**, he was brought to the eye screening camp held in Indrasarowar with the help of his granddaughter. After confirming cataracts in both eyes, Rotary volunteers and health workers safely transported him from his home to the surgical site the following day.

Thanks to modern medical technology and skilled doctors, the surgery was **smooth and successful**, and his vision was restored to near-normal condition. Expressing his happiness, Mr. Syangtan said:

“I had stopped seeing. It feels like I have got my life back again.”

After two years, regaining vision in both eyes, he joyfully shared:

“I had not seen my wife’s face for two years. Today, I can see clearly with both eyes. I am extremely happy.”

He also expressed heartfelt gratitude to all doctors and health workers involved. After the surgery, he walked home confidently with his wife.



UNITE FOR GOOD
"Gift of Sight"
Free Eye Screening & Cataract Surgery Camp

PROGRAM SCHEDULE
3-5th December - Screening
6th December - Screening / Pre OP
6th December - Cataracts Surgery
7th December - Eye Opening Day

JOINT ORGANIZER
1. Rotary Club of Hetauda
2. Rotary Club of Dighansi Kathmandu
3. Rotary Club of Belsaji
4. Rotary Club of Gongju
5. Rotary Club of Kathmandu
6. Rotary Club of Kathmandu Circle
7. Rotary Club of Kathmandu Downtown
8. Rotary Club of Kathmandu Height
9. Rotary Club of Kathmandu Metro
10. Rotary Club of Madhyapur
11. Rotary Club of Mani Bhumi Baktawat
12. Rotary Club of Patan
13. Rotary Club of Pajpanti
14. Rotary Club of Tinkune Kathmandu
15. Rotary Club of Yala

LOCAL PARTNER
Indrasarowar Rural Municipality
Makwanpur

TECHNICAL SUPPORT
Hetauda Community Eye Hospital
Hetauda

Supported By: Rotary Clubs of Tasmania & Mr. David Yaxley, Australia



